CYSTOSCOPY

DESCRIPTION OF CYSTOSCOPY
Cystoscopy is a procedure that is used to visually inspect the bladder and the urethra (tube leading out of the bladder). This can be done in most instances without discomfort by the use of a local anesthetic jelly (not a shot)! You will be placed on a special table with your legs in special stirrups. The end of the urinary channel (or urethra) will be cleaned and a local anesthetic placed into the urinary channel for a few moments. The cystoscope (or telescope) is passed into the bladder and the inspection is carried out. The entire exam takes less than 10 minutes. Afterwards you might expect a little discomfort with voiding and perhaps a spot of blood for a day or so. A warm bath helps to relieve this irritation and will wash off the soap we've used to prep the area. You may receive some antibiotics for a few days afterwards. Ask if you have questions--it's not as bad as you think--honest!

POSSIBLE RISKS OF CYSTOSCOPY
After this type of procedure a small risk of infection exists. If new symptoms of burning or frequency or bleeding occur afterwards please let us know.

PREPARATION FOR CYSTOSCOPY
No restrictions of diet, fluids or medications exist for this examination.